



Brunnen-Klinik

Psychotherapy and Psychosomatic Rehabilitation

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General information:

Only 10 km away from Detmold the picturesque Bad Meinberg is situated alongside the Teutoburger Forest and the Egge Mountains. 200 m above sea level the federal spa has a mild low mountain range climate. Timber-framed houses around the spacious health resort, hidden and often picturesque places invite to discover the traces of the year 1767, when Bad Meinberg became a spa town.

Our clinic has more than 160 single bedrooms, some of them equipped to suit the particular demands of wheelchair patients, with bathroom/ shower/ WC, telephone, clock radio and emergency call installation.

There are rooms to accommodate married couples or accompanying persons, if medically necessary.

Indication:

Psychotherapy and psychosomatic:

- Neurosis and other mental disorder
- Undigested incidents and conflicts
- Functional disorder and psycho-vegetative syndromes
- State of anxiety to fail and exhaustion
- Psychosomatic disease in the narrower sense such as peptic or bowels ulcer cardiac disorder
- Eating disorder (only adults)
- Depressions of all cause
- Anxiety and compulsion disorder
- Chronic tinnitus





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Particulars:

- Tailor-made therapeutic designs for certain, indicative defined groups of patients
- Integrative treatment starting points
- Psychotherapy for all patients, if desired- Children care
- Job severe test in co-operation with the BFW (Institution for professional development programmes) Pad Pymont
- Training on how to cope with tinnitus
- Sound therapy
- Autogenic training
- Stamina training
- Back training
- Spine yoga
- Physiotherapy
- Special pain therapy
- Dietary food



Research:

We regularly undertake scientific research on the concept and effectiveness of our treatments, and in particular of our special treatment programmes.

Together with the LVA Hannover we are involved in a joint project for the interplay of in-patient psychosomatic rehabilitation and outpatient aftercare.



Contact:

Should you require more detailed information, please call the office of our Chief of Staff, Tel. +49- 52 34 9 06-1 17, or the Manager of Administration, Tel. +49- 52 34 9 06-9 01.

We are at your disposal at any time.

