



Klinik Norddeich

Orthopaedy, pulmonary and respiratory problems,
allergology and dermatological rehabilitation

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General informationen:

At the waterfront, right at the embank-ments, you can find our clinic surrounded by the integral nature reserve of the North Saxon tidelands. We have more than 238 handicapped accessible single rooms meeting hotel comfort, en suite, with telephone and emergency call units (colour TV upon request). Swimming pool, sauna, solarium, our own skittle alley and a daily changing wide choice of leisure facilities embellish your stay.

The closest airport is Bremen, some 200 km away from our clinic. If required we are ready at any time to support you in organising your transfer.

The most important factors of the sea climate therapy are the saline air (sole), the low allergen content and the immune stimulating effect.

We attach great importance to the application of existing, natural cures like natural moor, sea-water spa (Thalasso therapy) alluvial mud treatment and sole inhalation.

Naturopathic medication, reflex zone therapy, dietetic treatment, acupuncture and training programmes supplement the therapy spectrum.

Of course, upon agreement it is possible to take in an adult companion or even children.

If you prefer to stay in a hotel, it is possible to have outpatient or partly outpatient treatments. Nice and comfortable hotels are in immediate vicinity.



Indications:

Orthopaedy

Degenerative rheumatic disease:

- **Arthropathy**
(arthrosis, chondropathy)
- **Degenerative spinal disease**
(stimulus syndrome, pseudo-radicular syndromes)
- **Development dysfunctions and inherent dysplasia of the skeleton**
(Morbus Scheuermann, scoliosis)
- **Dysfunctions of locomotor system segments**
(hyper- and hypo-mobility)
- **Injuries, also sport injuries, of the posture and locomotor system**
(muscle fibre and tendon rupture)
- **Chronic inflammatory disease**
(Rheumatoid arthritis, arthritis urica)
- **Osteoporosis**
- **Chronic pain syndrome**
(after intervertebral disc surgery or amputation)
- **Psoriasis arthritis**



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Internal medicine

Respiratory problems

- Allergic asthma (during childhood and adulthood)
- Chronic obstructive bronchial disease
- Pulmonary emphysema and fibrosis (even under O₂-therapy)
- Dysfunction of respiratory muscles (self respiration)

Cardiovascular disease

- Essential hypertension
- Hypertensive heart disease
- Cardiomyopathy
- Cardiac insufficiency (arrhythmia)

Metabolic disease

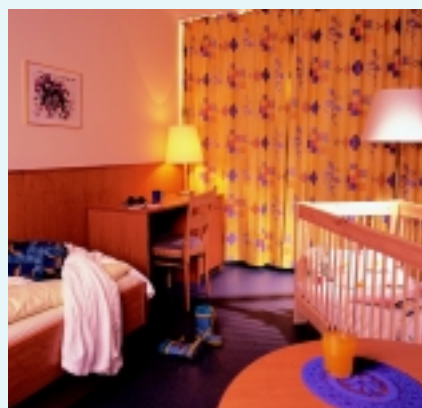
- Adiposity and undernourishment
- Diabetes mellitus and the aftereffects
- Adipoid metabolic disease and hyperuricamy

Dermatology

- Neurodermatitis, disease of the atopic circle, other eczema (allergic eczema)
- Psoriasis in all forms, chronic recidivating urticardia, vocational dermatosis
- Ulcus cruris – chronic, scarcely healing trauma

Special treatments:

- Pain therapeutic treatment, including medulla proximal flow around and acupuncture.
- Psychosomatic orthopaedy with workshop-like training for coping with pain and coping strategies, assistance in social reintegration.
- Intensive seminar for respiratory problems, allergy screening and advice.
- Children asthma training, incl. inhalation training.
- Adiposity with children and teenagers.
- Combined therapy of psoriasis, with psoriasis arthritis by photo sole therapy, medication and balneo-physical/ physiotherapy measures.
- Training concept psoriasis and neurodermatitis (anti-scratch-training).
- Lectures on health and prevailing topics/ disease patterns.



Contact person:

In case you would like to have more detailed information, please contact our reception, direct dialling: +49 (49 31) 98 5-2 22 or the Director's office, direct dialling: +49 (49 31) 98 5-1 01.

We are at your disposal at any time.